

Opening: Black out(black screen)

YASMINE

Non-digetic vioce over: "Sometimes
I wonder how did I end up here. I
should have known that no one is
perfect. I should have known the
only person hurting my self was
me. I should have kown better."

Facts are inserted: how many girls in uk or world diet.

ZOOM CROSS FADE

INT. YASMINE'S BEDROOM

ZOOM IN

As we enter this frame, we are presented with a medium
close up with leds into a close up shot of Yasmine, tears
begin to roll down her face as appears to be in deep thought
about how she got here or rather how she got into this state
of mind (depression).

YASMINE

Non-digetic vioce over: "My name
is Yasmine. My name is yasmine and
I am no longer myself."

FADE IN

EXT. GARDEN

Flashback- Whiles Yasmine appears to be in a deep thought
process, she begins to think back to her youth. This may be
represented in black and white to show it is her past and
seperate it from her present.

YASMINE

Non-digetic vioce over: " I used
to be what others would deem a
'normal' child. Now I dont know
who I am. My name is Yasmine and I
am no longer my self"

FADE IN

INT. YASMNE'S BEDROOM

We then go back to the medim close up of Yasmine's face,
teasrs still running down her eyes, Yasmine remains in deep
thought it appears almost as though she is lost.

YASMINE

Non-digetic vioce over: "It all
began in that summer. Summer 2013"

FADE IN

Flashback- We then flash back to 'the summer 2013'- we see
Yasmine in her bedroom trying on different outfits
contemplaiting what to wear.

YASMINE (CONT'D)

Non-digetic vioceover: "I just
wanted to be like them. Slim
bodies. Beautiful. I wanted to be
beautiful. A crop top and jeans. I
couldnt even wear that. I was too
fat. Too fat to be beautiful."

FADE IN

Facts are inserted: how many girls think they are over
weight in the uk or world.

As Yasmine contemplaites her outfit and image her conscious
appears and she begins to become ashamed of who she is.
Jenny(her conscious)whispers ino her ears and begins to
trigger off Yasmynes thoughts on loosing weight.

YASMINE (CONT'D)

None-digetic vioceover: It was
Jenny. "I needed to loose weight
she told me. I'm not beautiful she
said. I need a model image to be
beautiful she told me. I needed to
be slim. I needed to be beautiful.
Something had to be done."

FADE IN

INT. YASMINE'S LIVING ROOM

Yasmine is now browsing the internet on her laptop looking
at diet plans and looking at images of models.

YASMINE

Non-digetic vioceover: "I was
willing to do anything.
Everything. I needed to be like
them".

FADE IN

INT. YAMINE'S BATHROOM

Yamine is on her scales.

YASMINE

Non-digetic vioceover: "My name is
Yasmine and I was willing to do
anything. Anything possible to
make me loose weight."

FADE IN

INT. YASMINE'S KITCHEN

Yasmine begins to take pills 'be skinny'.

YASMINE

Non-digetic vioceover: "My name is
Yasmine and I am now obsessed with
loosing weight. I will go through
anything and everything it takes
to loose weight."

Quick snap shots of what Yasmine goes through to loose
weight(zoom of pills- zoom of her opening tap for water-
taking pills, then her eating and making her self vomit).

FADE IN

Yasmine begins to eat a bowl 'porridge'- close up of bowl,
spoon and her hand. Medium close up of yasmine taking a
spoonful.

FADE IN

INT.YASMINE BATHROOM

Yasmine is now making hersef vomit in the bathroom

YASMINE

Non-digetic vioceover: "This was
now me, pills, eat and vomit. My
name is Yasmine and I am now
obsessed with loosing wieght. My
name is Yasmine and dieting all is
I know."

(from now on i will be doing inserted shots of Yasmine
diary- showing each day how much she looses- date , how much
she lost and opinion on it.

FADE IN

INT. YASMINE'S BEDROOM

We are now back at the close up of yasmine with tears rolling down her face.

YASMINE

Non-digetic vioceover: "If I dont
loose weight I am not perfect.
This is all I know."

Facts are insterted about what extreme weight loss can lead
to(health problems, heart disease etc)

FADE IN

Close up of Yasmine lifting up her top to show her stomach
and then combing her hair

"I wear baggy clothes to cover my
fat. My skin is weak. My period
has stopped. I am loosing hair. My
name is Yasmine and I am no longer
myself"

Yamine is now wieghing her self (close up of scales)

"I am now ... pounds. I need to
get back to the old me. But when i
look in the mirror all I see is
fat. I Know I could die. But jenny
says I could loose more."

FADE TO BLACK

YASMINE (CONT'D)

Non-deigetic vioceover: "My name is
Yasmine and I am going to die. I
was blinded by own thoughts and
the thought of others to whhat
beauty is. Beauty is in the eyes
of the beholder. I should have
known thst. I should have known
the only person killing me was me.
Jenny was just my thoughts.
Nothing more. I am now depressed
and done with life"

FADE IN

INT. YASMINE'S BATHROOM

Yasmine appears to be in the bath, but as everything has got
on top of her she decides to take her life by drowning her

5.

self. Close up of Yasmine with a photo of a skinny girl(model) on her as she suffocated under the water.

FADE IN

Back to Close up of Yasmynes face with teas rolling down.

YASMINE

Non-digetic vioceover: "I was
Yasmine. Yamine Ckarke and now
there is no more me!.

FADE TO BLACK

Facts are inserted: how many girl die due to eatinng disorders/ depression(taking their lfe as a consequence) each year.

Title is inseted

INT. YASMINE'S BEDROOM

We finish back on Yamsmine

FADE TO BLACK

INSERT: "Beauty is in the eye of the beholder"